

West District Cross Country Relay Championships (Men Masters)

Scottish Athletics Federation/Scottish Athletics Ltd

2025-6	Cambuslang H (A)	51.14	Inverclyde AC	54.26	Cambuslang H (B)	54.51
2024-5	Cambuslang H (A)	52.08	Cambuslang H (B)	55.21	Shettleston H	56.35
2023-4	Cambuslang H	58.18	Garscube H	60.43	Shettleston H	62.24
2022-3	Garscube H	56.01	Cambuslang H	56.16	Greenock Glenpark H	58.38
2021-2	Cambuslang H	56.10	Garscube H	56.51	Cumbernauld AAC	59.13
2020-1	No Championship due to Covid-19 pandemic					
2019-20	Cambuslang H	54.35	Garscube H	58.15	Giffnock North AC	58.45
2018-9	Cambuslang H	56.54	Garscube H	59.06	Cumbernauld AAC	59.26
2017-8	Cambuslang H	58.14	Cumbernauld AAC	61.25	Kilmarnock H&AC	61.49
2016-7	Cambuslang H	53.08	Greenock Glenpark H	55.22	Kirkintilloch O	55.40
2015-6	Ronhill Cambuslang H	54.50	Kirkintilloch O	56.09	Garscube H	58.14
2014-5	Ronhill Cambuslang H	52.14	Greenock Glenpark H	54.00	Garscube H	54.25
2013-4	Ronhill Cambuslang H	55.31	Shettleston H	55.51	Garscube H	57.09
2012-3	Ronhill Cambuslang H	56.43	Bellahouston RR	58.05	Kirkintilloch O	61.13
2011-2	Ronhill Cambuslang H	55.49	Garscube H	60.53	Calderglen H	62.37
2010-1	Ronhill Cambuslang H	61.50	Shettleston H	62.22	Calderglen H	63.00